



# Let's Move Lincolnshire

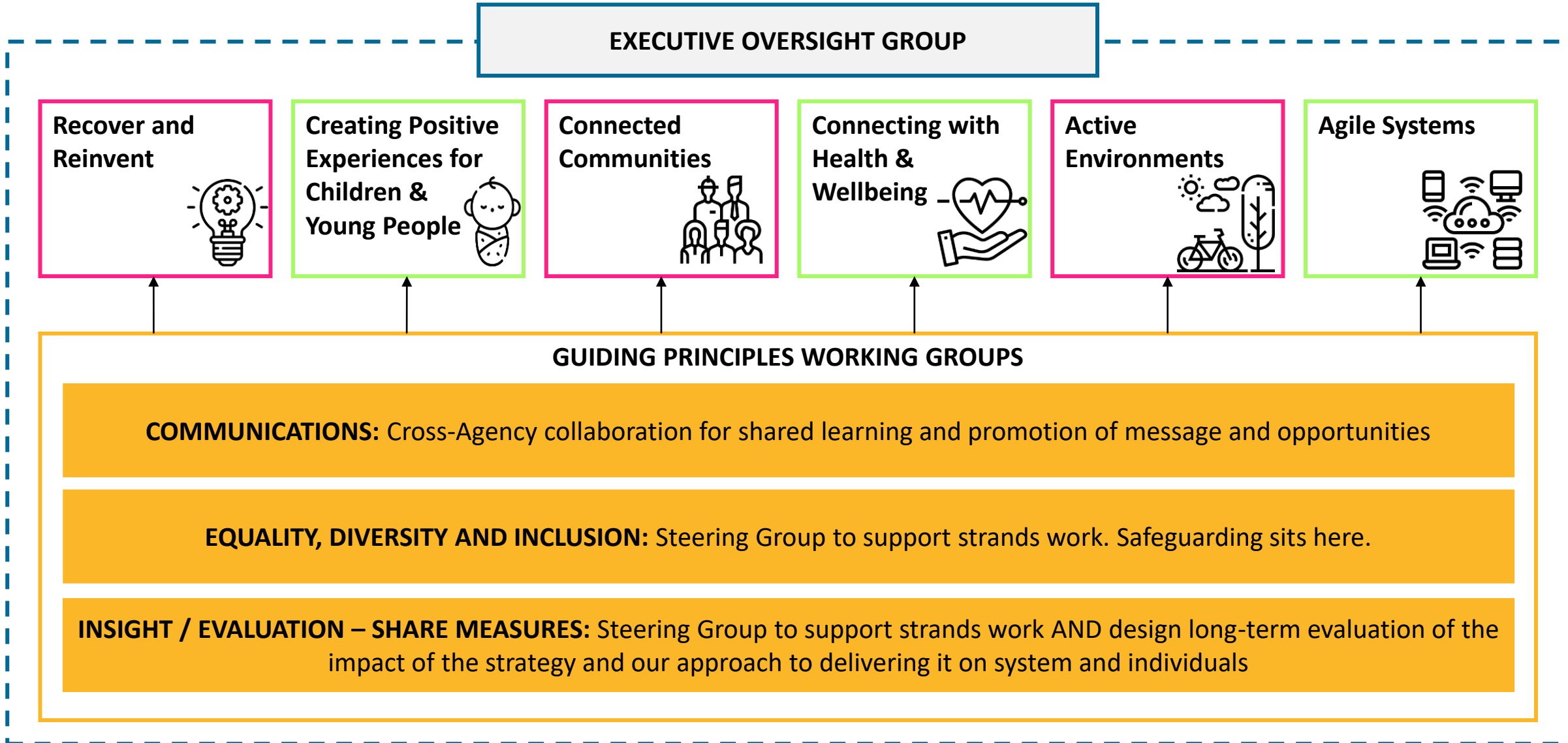
Health and Wellbeing Board update  
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# LET'S MOVE LINCOLNSHIRE – DELIVERY MODEL

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# NATIONAL ALIGNMENT WITH LOCAL NEED ACROSS 6 STRANDS

## **RECOVER AND REINVENT**

Focuses on the organised sport and physical activity sector. Helping it to design and deliver inclusive experiences based on better understanding the needs of local people.

This strand includes creating a representative workforce, and building agile and resilient organisations.

## **POSITIVE EXPERIENCES FOR CHILDREN & YOUNG PEOPLE**

Ensuring every child and young person experiences the enjoyment and benefits that being active can bring. Their needs, expectations, and safety should come first in the design and delivery of activity.

Focus on education settings, parent/carers roles and digital as key influencers and enablers.

## **CONNECTED COMMUNITIES**

Utilising the power of physical activity to create a great place to live, work and learn.

Physical activity is used as a versatile tool to grow the local economy, integrate groups, reduce public expenditure, build individual confidence and self-worth and respond to big issues like climate change, net zero and tackling inequalities.

## **CONNECTING WITH HEALTH & WELLBEING**

Responding to changing trends in health and demographics.

Working with the health sector to develop collaborations and connections that ensure people with more challenging health needs get the extra support and provision to find new and different ways to take part.

## **ACTIVE ENVIRONMENTS**

This strand looks at dedicated sports facilities, other community spaces (parks, villages halls, schools), and wider built environment, (streets, squares, footpaths, cycle paths) to ensure that they all provide positive influences to support the ability to lead active lives.

## **AGILE SYSTEMS (Lincolnshire specific)**

Stakeholders identified a need to focus on system effectiveness and management between organisations, conceiving new structures that are sustainable and meaningfully connected to lead to countywide collaborative endeavours and a systematic approach to problem solving complex issues across Lincolnshire.

# PROGRESS ACROSS 6 STRANDS

## RECOVER AND REINVENT – Sport and physical activity sector

- Together Fund investment £237k
- Let's Move Lincolnshire website & activity finder
- [Sport and Physical Activity Awards](#)
- [LORIC report into sector size and needs](#)
  - Sector EDI advisory panel

## POSITIVE EXPERIENCES FOR CHILDREN & YOUNG PEOPLE

- Youth voice research
  - [Opening Schools Facilities](#)
- OYL Healthy Weight Programme 'Gloji'
- Holiday and Food programme (LCC)
- [School Games & primary premium](#)



## CONNECTED COMMUNITIES

- Testing place-based approach in Mablethorpe
- Working with CVSE organisations



## CONNECTING WITH HEALTH & WELLBEING

- [Pre and post natal partnership](#)
  - Long Covid training
  - Cancer – Fighting Fit
- MSK pathway & Good Boost
  - [Social Prescribing](#)



## ACTIVE ENVIRONMENTS

- Wheels for Life – Bike donation scheme
- 'Stride & Ride' campaign



## AGILE SYSTEMS

- Let's Move strategy launch
  - JHWP & ICB
- District Health & Wellbeing strategy
  - Communities Strategy
- Healthy Weight Steering Group
  - SHINE MHCF Funding
    - (& panel)





# FUTURE PRIORITIES.. Build on existing plus:

## RECOVER AND REINVENT – Sport and physical activity sector

- Response to cost-of-living crisis; facilities and residents
- Sector Skills Board & skills development
- SPA Network connectivity and development
- Safeguarding in sport role

## POSITIVE EXPERIENCES FOR CHILDREN & YOUNG PEOPLE

- OSF – Years 2 & 3
- Strengthen CYP provision across SPA sector

## CONNECTED COMMUNITIES

- Place focus; identify priority areas (potential further Sport England funding)
- Asset Based Community Development approach
- NB Rural network; insight from communities

## CONNECTING WITH HEALTH & WELLBEING

- Primary care networks, place-based approach
  - Active Ageing agenda

## ACTIVE ENVIRONMENTS

- Roll out 'Street Tag' countywide digital 'game'
- Develop bike donation scheme and cycling activation

## AGILE SYSTEMS

- UKSPF Opportunity
- Continue to develop and grow networks and collaboration
  - Community strategy
- Evaluation and impact of system work
  - Health rep on AL Board



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